



A SHOPPER'S GUIDE TO HUMAN LIFE (****

Texts of 8th grade students

Sepam Literacy Collections Project 2022 Edition

TEXTS SUPERVISOR TEACHER	8th grade students Matheus Segalla Frare
COVER	Yasmim Ramos da Fonseca Rosas
ILUSTRATION	Agatha Castilho Dias
	Beatriz de Oliveira Rahal
	Bruno Binotto Silveira
	Felipe Demogalski
	João Vicente de Oliveira
	Lara Leopoldo de Britto
	Lucca Braun Santos
	Maluh Leopoldo Martins
	Marcus Vinícius de Oliveira Miranda
	Maria Clara Oliveira dos Reis
	Nailla Britney Borsuk
	Nicolas Demogalski Paula Rocha Mattos
	Sofia S. de Holleben Mello Frederico
	Tarcísio Martins de Paula S L C Ribeiro
	Yasmim Ramos da Fonseca Rosas
	Raira Ogatta Maia
ART SUPERVISOR	Simone Pereira Lupepsa
DESIGN	EY Comunicação
	Paulo Diego Kuzar

All rights reserved to Sociedade Educacional Professor Altair Mongruel Ltda.

Colégio Sepam

Rua General Carneiro, 1171, Centro. 84010-370 - Ponta Grossa-PR - Brasil. (42) 3225-2677 sepam.com.br

J58l A shopper's guide to human life: Texts of 8th grade students/ Matheus Segalla Frare (teacher superv.); Yasmim Ramos da Fonseca Rosas (cover); Agatha Castilho Dias et. al. (ilust.). Ponta Grossa: Sepam, 2022. (Sepam Literacy Colletions Project, 2022). 80p.; il.; Ebook PDF ISBN nº 978-65-996260-8-1

> 1. Brazilian literacy – texts. I. Frare, Matheus Segalla (teacher superv.). II. Rosas, Yasmim Ramos da Fonseca (cover). III. Dias, Agatha Castilho et al. (ilust). IV. T.



Imagine a comments section for every single thing that is a part of our experience here on Earth. Want to look up other people's reviews of what having a dog is like? Got a complaint about siblings, or baldness, or ring fingers maybe?

Whether you're the almighty overseer of life looking for customer reviews to flesh out a few quirks of your creation here and there, or if you're just another one of us humans, curious to get a glimpse of other people's opinions, the 8th grade class of 2022 has got you covered.

This is what A Shopper's Guide to Human Life is all about. Our young collaborators were granted the utmost liberty to review, comment or otherwise criticize little aspects of our existence, mostly written in a tonguein-cheek, comedic style. Browse it as if you were accessing a collection of tidbits, meant to be read in short bursts, and you will find joy in the tiny absurdities of the human condition. Most importantly, this was proposed as an exercise in creative writing and in looking at things from a different perspective - a truly helpful skill in navigating the nuances of modern life.

We hope you enjoy the show!

Teacher Matheus Segalla Frare





THE COAST

I always liked to walk at night on the sand. My fondest memories are playing with my cousins in the water.

I highly recommend it if you are being pressured to always be the best person in the world. Congratulations, you are a fool, the beach can help you feel calmer and get rid of everyday stress.

But as everything has a downside, the beach is no exception. There are beaches with sand and sea full of garbage, dead animals, floods that flood cities, water pollution due to illegal dumping of garbage.

> All these problems humans cause alone. But overall I highly recommend it.

> > Ana Carolina de Oliveira Mesquita



FISH

I think that fishes are pretty cool to see, but they are pretty fishy to take care of, like seriously, they die for any reason and they poo a lot, really, they seem to use laxatives or something.

I like that they come in many shapes and colors like a catfish or a swordfish, or sharks and seahorses, but jellyFISH are not actual fish. I suggest making more of them compatible with aquariums and fishbowls, because when someone once tried to put a swordfish into an aquarium, it died in literally 1 DAY because of stress.

If you want to get one that is wild you have to go fishing and wait for days just to catch a fish that has an acceptable size and weight, or you can just go to a pet store to buy one. In a nutshell, I know thats o-fish-al that they will die, but dear Cod, I find it very funny and stupid sometimes. I think that's enough fish puns, I should scale back. I will give 1 more star if you make them stronger and less stressed.

André Jun Sumikawa



 $\bigstar \square \square \square \square \square$

CURLY HAIR

Despiste being beautiful, it's trash. I can 't style my hair and make it the way i want to. I have to wash, define and dry it the day before for it to be acceptable the next day, and still It doesn't stay! And the whole process to define it takes one and a half hours.

I hate it when straight hair people say they want to have curly hair. They have a chip on their shoulder.

My hair is also not for running your hand or rubbing your fingers through. Don't tell me to comb my hair, you can't comb it because it will set. I also hate having to depend on creams, those things are always expensive! Also, my hair always "wakes up" in a different way, not in a good way, but a bad way. When it's cold it gets bristly, no matter how much cream I apply.

In general, I have a love-hate relationship with curly hair.

Anna Clara Rosa Xavier



POOPING

Pooping is an art. Sometimes it's good, sometimes it's bad. If you're at a friend's house it's bad, specially if you have lactose intolerance, because then it's not a poop, it is more like a bullet out of a cannon, but if you are in your house, with two bathrooms, you can poop without any problem, because, as the poop splashes into the water, and the water splashes onto the buttocks, in this type of moment it isn't good.

It can be absolutely terrible. Sometimes it's like a submarine, sometimes a boat, but in all cases it's wonderful, and stinky, but wonderful is the most important part. If you look at it for too long, the poop starts gaining forms. I've seen airplanes, something with spots, especially when you eat corn, but the form that most appears is the poop of a rabbit, and the number one is, the rocket.

The poop almost has two types of color, when you eat beetroot, it can be green and if you don't eat it, the poop becomes brown, but it's fun, I recommend, if you're in your house

Arthur Narok Stevan



SWIMMING

I practice many sports, but my favorite one is swimming. It has pros and cons, but surely the advantages prevail.

Its advantages are: relaxing, exerciting, not depending on anybody besides yourself, making friends, and importantly, it is very unlikely that you will have a lesion. At competition level it brings a lot more advantages.

Its disadvantages are: the swimming goggles (when they don't fit, they let water in, and are either too tight or they fall), a the swimming cap is another wonder, because you put it on and turn into an alien, and lastly, your swimsuit (or speedo) completes your look.

Even with its cons I still love it and recommend it to you, both as leisure and as a professional sport.

Bárbara Malacarne Campagnoli



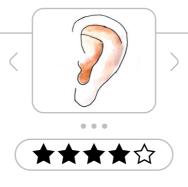


SCHOOL

I would like to complain about your product called school because it can sometimes be quite hellish. I have a lot of reasons to think that, but the main one is the kind of people my age. They talk too much and some of the time are really annoying, meaning that I just can't concentrate because of all the noise they make.

Another thing I don't like is how messy it can get. My classmates leave everything in a mess. I don't wanna be a Karen but if the problem doesn't get solved or if I don't get my money back I will make a complaint in Procon against whoever invented school!

Beatriz de Oliveira Rahal



EARS

The ears are something difficult to clean and with a strange shape. Some people have very strange ears, for example: large, glued to their heads and many other types. Each one with their own way.

When you play with your friends who have a bad mic, they blow your ears off from screaming with the mic down their throat.

In the pandemic, my ears asked for help, because I wore, mask, earphone, glasses, hat and other objects. Also, when I get hit in the ears during a ball game I get dizzy and there is a fine noise inside.

Bernardo Henrique Dalle Carbonare



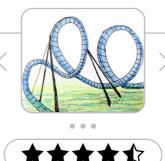
★★★★☆

AUNTS

Aunts are definitely either heaven or hell, for example when they fatally ask "what about boyfriends?" it's not enough that we are single, they still have to rub it on our face. It's usually these aunts who have dinner on Christmas and their husband just makes bad jokes. There is also the aunt that you only see 3 times a year because she lives far away, and on those 3 times she says "How you've grown up! You're a little man/women".

But there are also nice aunts, the ones who usually forget to get old and you can talk loudly that they don't care or get mad, usually they are the ones who give you money in secret, I definitely recommend this type of aunt.

Betina Bilobran Ribeiro



ROLLER COASTER

I love roller coasters, they are a lot of fun, but also scary.

I have a very cool story to tell: Last week I went to an amusement park, and there were a lot of roller coasters. I went on every single one, but something happened. I felt hungry, so I ate just a little, and then I went on more roller coasters but I was still hungry, so I thought "nothing is going to happen if I eat more and go on another roller coaster ride now, right?".

So I ate a lot, but that was a terrible idea! Guess what? I got sick after that, and the rest of the days I spent in the amusement park were very, very boring. Finally, on the last day, I felt better and went on more roller coaster rides, which made me very happy.

So I recommend roller coasters, but if you go to an amusement park, don't eat before riding one!

Bianca Arguello Moll



LIARS

"Liars", according to Google, they are people who lie or cheat. According to the Bible, the first liar was Satan the Devil. My father once told me a story about a very lying fisherman, for every time he went fishing, he told his friend that the fish he caught was so big, but so big, that it didn't fit in his boat. Then, one day, your friend tired of hearing so many lies, he said that once, after having cast your fishing line, caught something different. When he took it out of the water, it was a lit candle. Then the lying fisherman, very angry, claimed that his friend's story was a lie. The fisherman's friend then said: -- Decrease the size of your fish, that I blow out my candle.

Bruno Gastão Kluppel de Luca



DOGS

The good thing about having a dog is that they are great company. In good and bad times, they will always be with us.

Dogs love to cuddle, play, run, go out, walk, sleep with us, and especially to eat. They love to make cute little faces to get what they want (walking and eating) and they also make those faces to apologize to us when they do something wrong. And we can't forget that dogs are great protectors and guardians. Besides, they are good to us in moments of depression or anxiety, and they motivate us to do exercises.

The downside of having a dog is that they are very messy and agitated, which can be annoying. They also sometimes poop in the wrong places, especially on carpets. Oh and if you like silence, then I don't recommend a dog, as they love to bark. And also if you can not spend a lot on medical care and food. They are like babies in dog format.

But in my opinion, I highly recommend you to have a dog, because they are a great company and they will make you very happy. I say that from my own experience!

Camille Kochmann de Quadros



MOVIES

Movies are cool, even more so when it's cold and raining because we can watch in bed or on the couch, eating popcorn under a blanket. It's also cool to watch movies with friends at a sleepover, but if you don't have friends it's also good to watch alone, it's just going to be a little lonely but it's fun too. I just hate it when the movie ends and you have to wait for a long time for the second part, or when the movie gets canceled.

I also hate it when people tell me spoilers or when I have high expectations and the movie is really bad. When I watch a movie at the theater it is very boring and tedious, but when I'm with my friend it's much nicer, so I prefer to watch movies at home. Another reason for that is because at home I have more freedom and comfort and it's really good to watch movies with family or friends. But in general, watching a movie is very good and I recommend it!

Carolina Mello da Silva Schmiguel

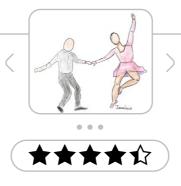


LANGUAGES

There are so many of them, one for each level and with specific levels of difficulty. The hardest one is Chinese and the easiest is your own mother tongue. Learning one and leveling them up requires patience, a lot of patience. There are strange letters like: "يبرع", "中國人" and "Русский", that require a high level of mastery.

Please fix the bug where people start mixing languages, because it is too difficult to understand.

Cauã Gabriel Rettig da Luz



DANCING

I love to dance, and even though I always get hurt, it is a great feeling, but when it's your first time it is a bit scary.

If you are on stage, fact: YOU CAN'T EVER SEE THE CROWD. No, you're not going to see your parents. It is also a mess backstage, but it is fun. Rehearsing is a bit boring, but being on stage is... AWESOME, just incredible.

I have also found out that dancing reduces stress, but yet I'm always stressed!? People sometimes dance to exercise and maintain health. In dance, you need to hear the beat so you can dance at the right time. It's really hard to get in the rhythm, and you need focus to (sometimes) move both hands and your legs, and keep smiling, so it is not that easy.

We have variations of dances, like ballet, jazz, zumba and a few more. I mostly recommend dancing to people that are active and people that like exercises.

Clara Borges Domingues





LEGO

LEGO reminds me of the past when I play with my friends. We'd have a lot of fun and it brings me good memories

But as everything has a bad side, stepping in LEGOmakes you want to forget everything. The pointy surface touches your foot and hurts up to your soul.

I have a memory of my little brother eating the LEGO and it getting stuck in his mouth. We had to go to the hospital. After a long time he finished the surgery and is currently well.

Daniel Winnik Lasquevski





COCKROACHES

Cockroaches are unnecessary in the world. They are disgusting, and they can transmit diseases such as gastroenteritis, salmonellosis and dysentery; infections, allergies, verminoses and mycoses. They live in sewers and they are scary when they fly. The control of these pests is necessary, and is done by removing their possible shelter and food sources.

Hygiene measures such as isolating the garbage, keeping the yard weeded and free of garbage, eliminating cracks, gaps, baseboards and stops, keeping food in safe packaging and applying insecticides are some examples of what can be done to control the proliferation of this insect.

Cockroaches are difficult to kill. The bug spray makes them dizzy and hit everywhere, and when they turn on their back they can't turn around. Women are usually afraid to kill them.

Daniela Fernanda Kuhn



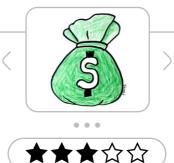
WHITE PENCIL

The white pencil apparently has no use, but I say the opposite. It can be used for many things, like for example in a drawing when there are some blank spaces you can pass it over to mix the colors, but apart from that I have to agree that it is lame that it almost always comes in a box of pencils. They could send two black pencils but no, they have to send the damn white pencil.

Taking away my complaints like this, it makes no difference in my life. Usually he's the online one "alive" until the end of the year and then you buy a new box of pencils, and this continues until you have more white pencils than money in your pocket, but in my opinion this pencil doesn't make any difference.

I can't recommend the white pencil.

Danielle Birbuet Gomes



MONEY

Money is good for many people, but not for some, some say it is born in a tree because money is paper and paper comes from the tree, but everyone knows that is just a way of talking or an expression.

Nevertheless, money helps many people realize their dreams of traveling around the world and buying things that satisfy them.

For me, though, money has two sides: the side that makes me happy and the other side that has things that money can't buy, like life.

Eduardo Fraresso Muller



PIGGY BANK

In the piggy bank, you can keep your money and documents. It is usually used until it is full of money, and then you can break it to get at all the accumulated money. That's what I did once, it made me very sad, because I had many happy moments with my little pig and I didn't want to have to break it to get the money, but I couldn't resist the urge and I broke it and spent all the money I saved. Eventually, I just bought another piggy bank.

I would even give it five stars but there's no way to get the money without breaking it, and that's a downside.

Elias Assis Hauagge Neto



HORSES

Horseback riding is wonderful, because you feel free and it calms you down. Dealing with these animals is very pleasant and you don't have to be afraid if the horse is tamed. Just as long as you don't go behind him, it will be OK.

The breed of horse that I recommend the most is the Criollo horse, because they are a little shorter, they run super fast, and they are very calm and tame.

Regardless of the breed you have, there are several types of tests and exhibitions a horse can participate in. For example, for the Criollo horse, there are the mangueira test, the paleteada, figure and turn gait tests, the morphology test and several others.

Elis Correia Doná



HANDS

The hands can be good or bad, it depends on the action the person is using them for. Hands can make a sandwich and fries, play games, write and a lot of other things. The bad things you can do with hands are: killing a person, using a gun, making a bomb and a lot of other things as well.

I bought a hand because I didn't have one, now I can make sandwiches and do the things I couldn't before. The only problem is that I asked for a cybernetic hand, and a real one came. Now I need to get it implanted.

The reason I lost my hand was a car accident. My hand was pressed between two cars and I had to have it amputated.

When performing an implant I will have to stay in a coma for 5 days in the hospital.

I highly recommend buying your very own hand, it's very useful. Now i can make my bomb (just kidding).

Felipe Chi Kravchychyn





GEOGRAPHY OF THE UNITED STATES

The geography of the United States is very insane! It is divided into states but the geography is very straight. For example, the states of Wyoming and Colorado are perfect squares and the states of Utah and New Mexico aren't perfect squares, but the sides are straight.

The US is a developed country and because the its geography, it has access to two oceans: the Atlantic ocean and the Pacific ocean. That facilitates trade with other countries and also the oceans "isolate" the United States from the rest of the large part of the world, causing it to border only 2 countries, Mexico and Canada, that are allies to the United States.

In the Pacific ocean there are also countries that the US trades with that are China and Japan, and in the Atlantic ocean there are other trade partners that are the countries of the European Union, and because they are in the same latitude, the boat trip takes less to get to the destination.

During the world wars, the US didn't suffer with the war in their territory, differently from the European countries that suffered a lot. A piece of the border of the United States and Canada is also fully straight, including the border with Alaska!

Felipe Guimarães de Almeida



★ ★ ★ ☆ ☆

CRYING

I like crying because it makes me feel relieved. I give it 4 stars because every time you cry, it can be from happiness or sadness, but the people that understand the complete feeling of crying know better and usually are more relaxed, calmer and more concentrated than most.

For the people that just cry and don't understand the real feeling and actually don't feel better, however, it is just a normal thing. It's like if you get sad you usually cry and that's it. But me? Nope.

I can't cry with people nearby, so I usually hide my feelings and I only cry when I'm alone, in the shower, or in bed when it is time to sleep. However, people that don't understand the real feeling can't see what's happening to you, they just think you are OK, when in reality you are not.

Francisco de Assis Brasil



SHOE HORN

OK, let's go! Firstly, putting on shoes is a horrible task. Think of that uncomfortable moment when you go to put on your shoe and your finger gets stuck behind the ankle. Ah!!!! I'm angry!

It was someone perfect and wonderful who felt this situation of putting on a shoe and hurting their finger that created the shoe horn, one of the wonders of the world. It is basically a slanted plastic thing that you put behind the heel and push the foot into the shoe and *plinnnnnn*, like magic your foot easily enters the shoe!

So I give 5 stars to this creation because it is simply magicaaaal.

Giovanna Broch Barbiero



FEET

Feet are good, because I use them to walk but it has its bad side. We dress them with shoes like high heels, sneakers, flip-flops, Crocs and boots. We need to trim our toenails, because otherwise it will be big and ugly, and dirt can also get in and cause infections.

Our feet can also get dry so it's always good to apply cream. Feet are smelly and disgusting, and we have to clean them all the time, but the worst thing is when you're walking and step on something, for example chewing gum. It's very disgusting, and if you don't take care you can have mycosis. Also, when the nails get ingrown it hurts a lot, and you have to go to a podiatrist.

For me, feet are bad, the only use is walking but it soon gets tired. And no one can stand it when a person stinks and doesn't wear sneakers! I don't like feet.

Isadora Biscaia David





SWEAR WORDS

Swear words are useful, but sometimes they are bad. When you get angry and curse at something, then you can feel better. But swear words are horrible, because you can be sued if you use them against a person.

If you diss a colleague you can get into a very bad situation. Sometimes you are playing something and your teammate is horrible and you say "***** you are very bad". Doing this is not good because you can hurt the person, and it won't help with anything.

I don't recommend you to use swear words, because they are bad and you have to be polite. They are bad vocabulary, and I hate the people who create these words. If you want to curse at somebody, don't do it, keep calm, count to ten and smile.

Jean Luca de Araujo Pissaia



ELECTRIC CARS

In my opinion, electric cars are better than standard cars because they have less pollution, but now I don't recommend it, just in the future, because now there aren't many places to charge them.

Electric cars are good, you spend less money and they are better for the environment. This is better for the future and the next generation. Lots of people don't like electric cars because the engine is silent, they are more expensive and not very simple.

There are few companies investing in the futuristic car business, such as Tesla, Volvo and JAC. But does the battery drain? Also, what about flying cars? The ideal would be to create a car which can fly, charged by induction.

Jing Chao Chen





BICYCLES

Bicycles are a good means of transportation for people to exercise and also for the environment. On a bicycle, you can also do a lot of different types of maneuvers. There are bike brands that are very good and also it can be very complex like the wheel size, type of tire and other very interesting things about them.

Since I was a child I had a bicycle, and I always liked to ride it. Once you learn to ride a bike you never forget it. But it also has a lot of problems like when the spokes are bent and you can't ride it anymore, or when the tire has a puncture and you can't ride it either and that's very bad. But in the end, it's just a cost of having it.

I recommend bicycles.

Joaquim Cândido Bueno Rutcoski



MUSIC

Music is like a way to feel better, or not. Some types of people like rock and pop, different from others who like sweet and chill songs more. Some people don't like the music just for the music video or the lyrics, even though the rhythm is good!

I really like to hear Pop and Brazilian songs that have a rhythm that feels good. Like Chase Atlantic. But I love Brazilian love songs. Like, "Exagerado", from Cazuza, "Essa fiz para o nosso amor", and, Jão, and "Deixa Acontecer Naturalmente", from Turma do Pagode. These songs make me feel fine. I like to go to parties. A song sometimes goes into your ears and gets stuck in your mind – this is called an "earworm". This is my opinion about music!!

Julia Borges Domingues



SWEAT

This is a product without any usefulness. In my experience, this item is very disgusting and unpleasant, stinky and even sticky.

It acts mainly when I practice sports or move a lot, and it is literally impossible to get free of this ordinary thing. The only stuff that impedes your terrible smell is a product called a deodorant (which I recommend), but some people forget to use it, which makes the experience so much worse.

I don't recommend sweat. If you buy this, you will regret your decision!

Julia Galhardo Andreolli Leblein





THE FLU

The flu has its good and bad sides, for example you miss class and you can stay in bed sleeping under the covers and receiving VIP treatment from your parents like water, food and everything else when you need, but bro flu is horrible. What is the need for this thing to exist? Why the heck your nose is dripping has several better ways, you don't feel like doing things, you get ugly, raucous, tired and get your nose stuffed without being able to breathe properly and oozing, for sure one of the things I hate the most in the world.

The flu also made me hate winter because my God you've seen someone with the flu in the summer NO you haven't seen it but you certainly always see someone with the flu in the winter because bro this season is of the devil everyone gets the flu in this horrible season and it's still cold which makes your immunity lower, it is HORRIBLE.

Man I don't even know how to explain my hatred for the flu because it's an incredibly big thing. In my humble opinion it could only have the good sides and also, why call it the flu? It could be another name like tranquidisse of nose, I don't know any other names because just listening to the flu I get angry.

Julia Pietrobelli Trierweiler



MOTHER'S SLIPPERS

A mother's slipper is an object used only by mothers. It is a guided item, if your mother takes the slipper off her foot and takes it in her hand, it's over for you.

There is no mother's slipper that doesn't leave a welt. Regardless of where it goes, it will arrive. She will always threaten before throwing it. At levels 0 to 10, range is 10, resistance is 8, and its strength is 10.

Kauã Castilhos Dias



SOCCER

It's an excellent sport if you want to get hurt, or even break an arm, which is super normal, besides falling down, but it's a sport that most boys like.

Nowadays most people are literally in love with Neymar, but man he only plays for money, winning or losing he will win money, but my opinion does not matter much and I don't even want to discuss tastes.

There are options on how to play, which is great, there is futsal that is played on the court, if you slip you might break a tooth, and there is soccer on the field, which hurts the same way, but I believe it hurts a little less.

Of course it has its qualities, it's very nice to play, many families make a living out of playing this game, and it's fun.

Kevilyn Mendes Lopes



MILK

Today I will talk a little about milk. Milk is good in my point of view. This drink has good fat and proteins.

I heard that some people who are intolerant to lactose are "normal", anyways.

Sometimes I catch myself thinking how and who had the idea of take the milk out of the cow? This guy surely is crazy, and why does the hot milk with cookies at night make me sleepy and tired? I will research this.

Lara Scarati Ceroni



PLAYGROUND SLIDES

I'm here to talk about park slides. The good point is that they are very cool, but also tiresome. I think the negative point is that it is easy to get stuck in them, which is shameful and discomfortable. Yesterday the ladder broke and I couldn't find the piece to fix it.

Last weekend, my brother got stuck in the slide, so I called the firefighter to rescue him from the slide. This was very funny for me, but not for my brother. The slides are very beautiful and colorful. The real problem is when it's hot and your back burns.

I don't like this product, because it broke and so it's not usable anymore. I do not recommend it If you or big because it is very tight, but I also do not recommend it If you or small, because they break very easily.

Lauro Augusto Dalle Carbonare



FISHING LURE

The artificial bait is a good item to go fishing and I like using it to catch some tucunaré, traíra and corvina.

In my opinion, fishing with a fishing lure is better than fishing with a living bait, because it works well in small areas. But the fishing lure has a very negative point: it is very dangerous to go fishing with many people around.

For me, the best or one of the best lures is the Brava Surface Bait, because I can catch many species of fish.

Leonardo José Curi



/ 🛨 🛧 🕎

SLOTHS

I like sloths because they are cute and funny, but they sleep 22 hours in a day which is two times more than me. A bad thing is that they are very slow, but I still like them. Same that sleeping a lot is a bad thing. I need to say that I'm very jealous of them because of this. Another bad thing is its nails are so big and they are very sharp, it is a slow animal and harmless.

Sloths have been alive since the dinosaurs, which makes sloths stronger than dinosaurs. They are the most useful animals ever and one quality is that they are great swimmers, a bit impressive since they are very slow, and that is why I give them five stars.

Leonardo Martins de Oliveira



BEARDS

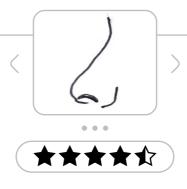
Hello! This is my review about beards. First of all, we all need to agree that beards are pretty, in all of its styles, same if it's fluffy or tough, auburn or brown, even if it's big or small, I don't care.

Unfortunately, I don't have my product yet, but whatever. Another nice thing is that's incredibly satisfying to take care of; have you ever seen a beard commercial? They look so nice, but sometimes it can make you jealous.

To finish, I need to say that I'm so excited for June, because of the "Festa Junina". You will obviously ask if it's because of the food or the dance, but I will answer: NO! It's because of the beard! Have you ever imagined, it's the only celebration where you can literally use a beard! That 's perfect!

Anyways, I could absolutely give 5 stars, but like I already said, I don't have my product yet.

Leonardo Oliveira Bittencourt



NOSE

It is used to hold the glasses, filter the air with the hairs that are inside of it and to make the face beautiful, or ugly. Sometimes it gets ugly. It bleeds easily and breaks easily, so I wish there was an update that made the nose removable to stop having this problem and when you die it disappears and there is a hole in your skull.

There are people who look like their nose was stung by a wasp, like Luciano Hulk, that sucks all the air out of the Earth. And there was Michael Jackson who at the end of his life had plastic surgery to reduce the size of the nose, preventing the entry of the finger to clean it.

Also, you can smell bad things like the armpit stink of old people who are drinking in the typical NPC pub that programmers were too lazy to make more animations for.

Lucas Bueno de Souza





HAIR

I have never ordered the product, yet I keep getting it. No matter how many times I try to get rid of it, it keeps coming back. I just want to have smooth skin...

The only good part of it is the top one, it makes sense being there. It prevents baldness too, but that's as far as it goes for me. It's overall uncomfortable and not worth maintaining.

Ever since I was young, it started growing. And it NEVER stopped! It costs so much in the long term, and it's so annoying! It being with razors, or going to get it cut in a hair salon, it ends up costing a lot. I don't even have a job, how am I going to maintain this?

Lucas Ferreira



RING FINGER

I hated this item. In its description the store said that it was used to take more itens but it only makes the hand bigger, uglier and more disgusting. It also has a bug that locks the other fingers around it. To top it off, it doesn't serve to make any "gesture" with your hand because it doesn't go up.

I should have seen the reviews before I acquired it, because people generally agree with what I say about this useless finger! People say it's just about putting on rings, but I think we could use another finger for that.

I don't recommend it.

Lucas Gabriel Olivo



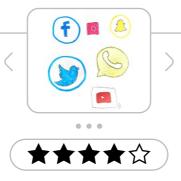
FATHERS

Fathers are quite curious NPCs. Their presence, interaction, characteristics and others depend on the conditions of your save: In some, the apparition from this NPC is so rare that their absence will become a big joke, and when it happens, it is cause for celebration. Usually in these cases the NPC spawns when one of two requirements are fulfilled. They are: winning in the lottery, or starting the mission "getting a job".

There are, however, cases where the NPC is present during the full game. Habitually, this happens when your save has the characteristic "wealthy family".

The normal for this NPC is its lack of normality. There are isolated incidents in that he is present, but performs a bit like a villain, negatively affecting your journey. Not gonna lie, its skills are not very well known, being that its only big natural skill is to teleport to the Corinthians' pub.

Luiz Gabriel Kraushaar Carvalho



SOCIAL MEDIA

In my opinion, social media is important and very nice. There are a lot of interesting and funny things, not to mention that you can talk to your family and friends. But there is also the negative side. For example, when your grandma sends you those good morning messages or those motivational videos. And it gets even worse when your mom posts a photo of you and an aunt you haven't seen in years says "wow, how young she is!"

There are a lot of social media services, like instagram, facebook, twitter and tik tok.

Still, I recommend social media mainly because it can be a hobby.

Luiza do Amaral Nogueira de Andrade



MECHANICAL PENCIL

Mechanical pencils are a way to make the pencils more expensive. They are unnecessary, and I always break the lead on mine. It's not even that good, the leads are very hard to find to buy, I went to every store in town and didn't find it.

What I liked is that the graffiti is colored, so your mechanical pencil can be used to color and I liked that, but this product is very expensive, considering the cost and benefit. Another point to mention is that the seller sent my order late and it arrived 6 days later. When I asked about the delay he simply said it was the courier who missed the delivery date! I will not buy it again.

Luna Gabrielle Gomes





VOLLEYBALL

I love playing volleyball. Now I'm gonna tell you why:

Volleyball brings incredible sensations and learnings like: respect, kindness and so much more. But, bad things happen too, like:

- Some people in our team are ALWAYS fighting with us. (I love them, but they are a little stressed). Speaking of the people in our team, I have to mention my coach. He is the best, very funny and teaches us the best way to learn volleyball.
- The pressure by the boring mothers for the other team, that are screaming with us all the time.
- And, wake up early for the games.

Besides that, volleyball can be a really fun sport, but it needs some concentration and hard work. If you are thinking about starting practicing this sport, you have to do this, it is gonna be the best thing you can do.

Manuela Alberti Fischer



PIANO

I give 4.5 stars to the piano because it is a wonderful instrument. The sound of the notes is relaxing and calming, but just when you get them right. When you're starting to learn how to play it, it's hard to recognize each chord from each clef, which chord is sharp and which one is flat, which pedal you have to press to sustain and which one to muffle the sound. And when the rhythm is slow or allegro?! Your fingers don't get the right octave in enough time to get the beat.

In addition to being very expensive, when the instrument is not digital you have to tune the strings, and... who said that tuning a piano is cheap? Also, don't play it with dirty hands, and if you do, be prepared to wipe key by key. If the body is made of wood, don't let it be exposed to the Sun.

Still, playing the piano can be a good hobby. It is good to learn a new song after a long time training. It serves as therapy. Pianos are used to make mothers and grandmas proud, play it at school or make your friends jealous. Of course there is that "improve your coordination and the capacity of using the left side of the brain" thing or something like that. I don't recommend it for people with stubby or slow fingers, unless you want to improve their flexibility!

Manuela Lavalle





COUSINS

My complaint is that I find my cousin very irritating. He thinks he's my father and keeps reminding me to do the homework - this is very annoying! He also keeps kissing my girl friends.

On the other hand, cousins are a part of the family. I find mine very useful, because he helps me study and he always supports me, but he would easily trade me for basketball. Honestly, he plays a lot and I'm very proud of him, but most of the time he misses his shots.

Still, I find it very interesting that we have a very good relationship.

Maria Clara Sadoski Roderjan



SIBLINGS

There are a lot of different types of siblings. There are siblings that are boring, cool, older, or younger, but in the end they are all the same. They are almost useless and their only function is to do us favors!

My experience with my sister is not so good because she can be annoying. She doesn't stop talking for a second, keeps asking meaningless questions and she bothers me a lot.

In my opinion, siblings are a real nuisance, so I don't recommend anyone to have them, if you can choose.

Maria Paula Carvalho Malucelli





INSTANT NOODLES

The noodles, or also known as instant noodles, is a food (?) that has divided opinions. There are those people who love and eat it practically every day, while other people eat it once a week because they like it but not to eat it every day. There are those who eat only when it is necessary because it is a quick thing to prepare, and there are also those who can't even stand the smell. I'm one of those people!

I can't stand the smell of the stuff, and lucky for me my sister is that person who loves and eats noodles almost every day. What we have to say about noodles: the first point is that the smell is horrible (I could be saying this just because I don't like it, I can! But the smell is really really bad). Another point is that it is not healthy at all, it destroys you a little at a time.

Let's agree that its only advantage is that it is ready in 3 minutes. Maybe I got this distaste for instant noodles because of my sister, who as I said eats the stuff almost every day. I think seeing her eating so much made me get this opinion about noodles. But anyway, that was it, don't eat instant noodles!

Mariane Preto Hiar de Oliveira





MASK

I think that masks were very important in the beginning of the pandemic, and it is useful until today, but they aren't mandatory anymore, and it's good without them, but they marked my life a lot, so I'm going to talk about my experience with them.

At first it was very difficult to use, because I felt like I couldn't breath, and it was very hot in the summer, but in the quarantine I developed self esteem problems, so for a while it was good, because it covered my face, when we had to take it off, it was difficult, but then soon it got better, and I stopped having self esteem problems, and everything, I mean, almost everything got back to normal.

Marina Nagea da Silva



SHOWERING

In the heat it's great, it refreshes you and removes the sweat. In the cold, however, it is horrible because first you struggle to take off your clothes, then you get in the shower and it's great and warm, but then it's time to go and you almost freeze to death!

Also, finding the right temperature is a problem. It's either too hot or too cold. When you get the right temperature it's time to go out.

Now, bathing in a bathtub is amazing at first, but after the water cools down it's horrible. You are too lazy to get up but you're cold.

Maryana Zborowski Basílio



MOSQUITOES

I don't like mosquitoes because they are very annoying and they bite, and they are small and difficult to kill, so we have to buy bug spray to protect ourselves.

Mosquitoes also proliferate very fast and they are in the millions. They can give us serious health problems, so we must take care of ourselves.

Matheus Mégda de Oliveira



BLISTERS ON FEET

It's a big problem for athletes but it also appears in people who don't play sports. If you don't wear a proper shoe, or wear a new shoe to work, blisters also appear.

Blisters happen because of the friction between the skin and an object. The constant friction causes the epidermis, the outermost layer of the skin, to detach from the second layer, the dermis. Between these layers there is swelling with fluid, which usually brings a slight burning sensation and causes severe pain when pressed.

To me, blisters seem useless and only cause suffering!

Matheus Moro Consentino Roderjan



BOOKS

I think books are great. They give you the possibility of feeling happiness, sadness and many other things.

Reading a book is like watching a series, but on paper. When it is a book you like, it can make you read for hours. When it's a book that makes you have the least interest, you can even buy it, but it will only be to spend your money.

In my opinion the best books are the romance and horror ones. When I'm really interested in a book, I only stop reading when I'm dying of sleep or when the book ends.

Sometimes books also make us feel depressed, so if you go read a book about dogs or even a novel, prepare some tissue paper!

Milena Canto Rattmann





Every time I go to the drugstore I always want to buy Band-Aids that have cool themes, and I'm only 12. Conventional Band-Aids are very boring, but my mother always buys them because they are cheaper. My mother only buys the conventional ones, and I end up drawing on the Band-Aid, so I don't get too embarrassed. Well, to be very specific, it is my friend Lilian who draws for me, because I don't know how to draw, but that's not that important. I can say that every time I see a rash, I want to put on a Band-Aid. I imagine it's because I don't like seeing blood, or because I really like a Band-Aid, especially if it's Barbie or McQueen's.

Lately I like to make fun of my friends, an example would be that one day my friend needed a Band-Aid and I offered it to him, the only problem is that this Band-Aid had a super strong guy drawn on it, and then the boys started making fun of the boy I gave the Band-Aid to.

You know that time you are somewhere and you find a used Band-Aid? You're probably disgusted, and you try your best to stay as far away as possible. Well, I don't know what it's like. I'm sure you've read or seen Diary of a Wimpy Kid, and it has that "cheese touch", which is a terrible, dark story of a piece of cheese forgotten since time immemorial on the high school basketball court, full of footprints, fungus and dirt. If anyone is unlucky enough to touch that tainted slice... they get the "cheese touch".

Well, this "cheese touch" happened to an acquaintance of mine, only instead of being "the cheese touch" it was "The Band-Aid touch". Most people at school liked Diary of a Wimpy Kid, and they had an old Band-Aid out there. The people took advantage of the situation and made this "the Band-Aid touch" until this acquaintance, who didn't know the story, went there, took the Band-Aid, threw it in the trash, and then... he was never the same.

Milla Magalhães de Mariz e Mirada



MOTHERS

Mothers are very important characters in our lives, not least because we were in them for some time.

When we forget our towel, it is our mother who takes it to us. When we come home from school hungry, mom is the one who makes our meals. Sometimes they come with a bug where they never miss the aim of their guided slippers. They may fight with us for no reason but they are still very fun, and we can trust them to keep all of our secrets.

Murilo Arnaud Moreira





RAIN

Rain is very important for life on Earth, but it created life on our planet!

Billions of years ago, our Earth was just rock and lava, and it was dominated by volcanoes. These volcanoes didn't stop releasing clouds of smoke into the Earth's atmosphere, but they started releasing a liquid, the water, and that's how the Earth's first ocean was created. And It was in the ocean that we had the first living beings of our habitable Earth.

But rain also brought problems in the following billions and millions of years, for example natural disasters, which thanks to rain brought serious problems to terrestrial life. One of the problems are storms, which are rains of high volume of water. There are also tornadoes, cyclones, among others.

But I'll give rain four stars because we need it to survive, and also for the plants, obviously, so in short, I really like the rain, and I'm grateful that it exists.

Otávio Costa Piovezan



FAKE FRUIT BOWL

The good side of fake fruit bowls is that they are useful for decoration, but on the other hand, they are useless for anything else, and they still fool us from afar when we think the fruits are real.

Since the creation of our planet, we've had fruits, plants and a lot of natural bushes, but even so, people insist on buying fake fruits because they think they are cute for decoration.

Paula Moreli Laarberg



GRANDMOTHERS

They are NPCs that are level 70-90, and even though they have a high level they are friendly. They have 5% chance to spawn in the map. When they are found, they give many items, and most of the time they will give you S rank food.

Although they are friendly, if you give 5 consecutive hits they will insta-kill you in the blink of an eye.

They have too many bugs, like, if you run, jump, and hit them one time in the air, they will drop infinite items (lagging the game).

Because of all these factors I think they deserve 5 stars.

Paulo Berger Klass





SLEEP

Sleep is relaxing after a long and hard day. I love lying down in bed because it is not good on the floor and this helps my feet after a long day standing up. The bad thing is waking up early every day to go to school. In the winter nobody wants to wake up, everybody wants to sleep more and stay under the blankets. In the summer, we don't have problems sleeping.

The correct amount of time to sleep is 8 hours or more to let our body rest, and if you are a child or a teenager it is important for you growing up.

I also love to sleep because I can rest my head and relax my bones. You might think that sleeping is something that makes you lose time, and I agree with you! We spend more than a third of our lives sleeping. For example, if you live to be 90 years old, you will have slept for 30 years. That is a lot of time!

But with everything, I love and think it is relaxing to sleep this much. After all, the scientists say the human body is made for sleeping. The downside is that sometimes we have nightmares and wake up at night, and other times we can't sleep any more and need to count sheep.

Pedro Augusto Bin Bochenek



FISHING RODS

I have come here to speak about fishing rods. When I bought mine, it took 15 days to arrive. When It finally did arrive I went straight fishing.

On the first fish I caught, the fishing rod broke. I even asked the store to refund my money, but the store said they could replace the product. When the new product arrived, it was not what I had ordered, so I had to complain again to the store and I said that if I don't receive my product, I would file a lawsuit against the company!

Pedro da Matta de Sa



BALDNESS

Baldness is a passive ability that you can unlock from character level 13. You get your character "man" and use 2 "time" items, and the chance of unlocking the ability is 93,7%. You can also unlock it with the character "woman", but you have to use 3 "time" items and the chance of unlocking is 48,5%.

The ability increases your damage to monsters in 15%, your "PVP dmg" in 20%, "speed" in 25%, "jump" in 17% and all the other stats but "beauty" in 10%.

The only complaint is that it increases the chance of being bullied by 10% and if the ability is on a low mastery level, it decreases your "beauty" stat by 10%, but if it is on a high level, it increases it by 15%.

It's a really great ability, you should invest on it.

Pedro Dias Carrara





CAPYBARAS

This is the best animal or thing in the entire world. They are known by people in the US as giant hamsters, and by Brazilians as "water pigs". They live in South America in rivers or places like that, and they have teeth that look like beavers' teeth.

Capybaras also have paws that are very different and remind you of hooves. These animals live in groups and are very good swimmers. They remind me of the platypus, which also looks like an animal mix, and as incredible as it seems, somehow they chill with other animals, even their predators!

The capybara's diet is composed of aquatic plants and medicinal plants. A curious fact is that they can even sleep in water. These animals can be small, but they can be heavier than an adult human. They are also very calm, so some other animals like birds use them as moving chairs. Some people even raise capybaras at home!

I really recommend capybaras.

Pedro Henrique Cordeiro



MOTORBIKES

Motorbikes are the fastest and cheapest vehicle, but also the least safe.

One bad thing is that you will always be stopped by the police, moreover if you are black. Another bad thing is that you will always be by a car, and there are people who do not know that there is a turn signal they can use and side-view mirrors until they are ripped off!

Many people criticize motorbikes, even more when they are noisy, but people use them as a means of transportation. Some may use them as a hobby and to make many maneuvers.

Pedro Henrique Gonçalves Cox



GAMES

There are many types of games: adventure, horror, movie-based games, etc. Games are good because they can help when you are sad. There are even those games that make you leave the house, like Pokémon Go.

One bad thing about games is that they can be very addictive, to the point that you just do it for a living like in that Ready Player One movie.

What I would improve in some games is the fighting, the story modes, and that the sports games not be as robotic and bad as PES. I love this kind of game mainly for the part where you can play it almost anywhere, and you can sit on the couch all day.

Well, playing games is part of me and also part of a lot of people. I highly recommend it.

Pedro Roosevelt Hichuki





PREMONITIONS

For as long as I have known myself, I've had premonitions. They are like a box of surprises, not having what to expect from them, which can either be good or bad.

But if you think I can predict what the exam questions are, or how anyone will die, congratulations! You're very wrong. Premonitions are just a way of showing repressed and hidden feelings that each of us has. So if you have a good and quiet life, don't acquire it.

My conclusion is: Only those who have or know someone who has this power, know how bad it is, and how it ruins people's peace. But as with anything, it has its good side, like being able to predict events and take precautions for it.

Rafaela Sopko Schamme





STAIR

Well, primarily the name is "stair". Instead, it could be a creative name and be even a little funny, like for example "step for foot" or "elevator in steps", among other examples that are not to be remembered at the moment.

Another reason for criticizing it being specifically how the mobile stair that does not "permit" to raise the end step, and that everyone rises and falls by and large, being the solution to place one third to not be on the floor. Also, a fact is that it is better to rise/decline in a ramp than in a stair, the reason being that it is less dangerous to health, can be used for the chairbound, you spend lower energy in a ramp, and beyond that you may run.

But a thing that a stair keeps is the adrenaline to make you get hurt, when you slide in a large handrail. The speed theoretically depends on the stair. Furthermore, you can descend a stair in a sport like cycling or skateboarding.

Samuel Hass Alves





PEOPLE

I don't like people. They don't know how to keep a secret and always lie to you.

There are various types of people, the first is that type of person who is always the victim, is never wrong and no one changes their opinion. Everyone knows it's her fault but in her mind she's right.

The second type of person is the one who always blames themselves and always thinks it's their fault. They insist so much that it bothers you.

The third type of person is the person who is fake. In my opinion this is the worst type. They always lie to you and pretend to like you and until today nobody knows what they win with this. For me they are the most problematic and I don't recommend them.

I'm only giving one star because some of them are tolerable.

Sarah Marques de Niemeyer



★ ★ ★ ☆

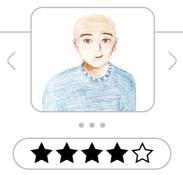
TOY CRANE

I think these machines are amazing, at the same time as I think they're poop. First of all, there is no way to resist them. If you see a toy crane you think: *why not try*? Sometimes you have luck and you get it on the first try, other times you have no luck and have to leave, but most of the time you try, try and try until you get something or you run out of money.

I think these machines are a big waste of time and money, but I confess that I could never leave them. I usually manage to score a plushie, and when it's my lucky day I can even snatch twice a time - this happened to me one or twice, but it's not bad at all, right?!

There is also a huge crane machine in the mall, I tried my luck at it once but to no avail. It even has a camera to help you aim, but it is horrible, it doesn't work! The plushies are also too heavy, but I haven't given up on them yet. I'll catch you one day!

Sophia Scheffer Fróes



BALD

Bald people are important to society. There are several types of bald people in the world, there are cool balds, boring balds, pumped balds, among others.

There are several times when it's good to be bald, like when you wake up, because you don't need to fix your hair, and you don't need to cut it or wash it.

But, there are some bad situations of being bald, such as in winter, when you will feel cold in the head. And if you are bald, you can get a lot of nicknames that can hurt you. I can safely say that I recommend being bald.

Tiago Aquino Postiglioni



ALIENS

I really like the proposal, but the programming is awful, they glitch all the time. Once I touched one of them he just teleported back to his UFO. When I shot him he screamed and teleported to his UFO where he throwed an abducted cow at me!

In my opinion they could be a great DLC (game event) if fixed. These NPCs (Non-Playable Characters) also could appear more constantly. Once I saw one changing textures (his colors) to look more like a human! I think AI (Artificial Intelligence) is taking advantage of bad programming.

The design is a bit simple. Long head, big eyes, green or gray skin (until he changes to human skin), long legs, arms and fingers. It could be more like a giant octopus invading by tearing apart pieces of pure reality, I don't know, just a suggestion.

The RTX's ray-tracing (software to improve the light quality) is really horrible, it looks like it's made out of steel.

There could be a hidden cutscene where they take us to space to study us and then take us back, it would be a great opportunity. Honestly, they are losing all the opportunities with this character. It could be one of the coolest things in-game.

Tomás Milczewski Batista



POLLY DOLL

The Polly doll is the best toy for your son. They are small, flexible, really beautiful and so rich. I give it five stars for this product, but there are many things to improve, such as its weight, the strength of its joints, and the variety of products.

I even made a family of Polly dolls! In my opinion, their hair is very hydrated, but it is also too fake. In my family, there is a couple and this couple has a son. This month alone, I broke 149 Polly dolls, so more resistance would be a good improvement.

My friend Daniel and I built LEGO houses for our Polly families. It took us a long time to build the houses. It is so complicated!

Still, I recommend Polly dolls to everyone.

Victor Bilobran Ribeiro





SHOES

Shoes are the best thing in the world, they help you not to get your feet dirty and help you not to hurt your big toe. Shoes go with every kind of person, tall people, short people. Practically every kind of person in the world can reach a few centimeters in height.

I particularly don't like white shoes because they get dirty. Let's say you left the house to go to the mall, then you come home and it feels like you have sunk your shoes in mud, seriously, this is a very bad feeling.

That's why I recommend black shoes. Instead of getting dirty they seem to last much longer. I personally always buy black sneakers and mostly from Nike because I like the hype of the brand, and I also like the more expensive Nike sneakers because they are much nicer. There are some Nike sneakers that cost over \$5,000!

To sum it up: Buy sneakers!!!

Wellington Gonçalves Martins





SNEEZING

Sneezing is horrible in both cold and warm weather. It is very noisy, and if you have rhinitis it is even worse! In the cold your mother will fight with you because you have too few clothes on, and on hot days, it will be because you stayed in.

During the pandemic you can't sneeze that a lot of people look at you wrong, so be careful not to have that bad experience. At least taking medicine and squirting saline inside your nostrils can be very effective. It's also a good idea to avoid places with too much dust, dirt, animals that can cause allergies, and food too.

I don't recommend sneezing!

Yasmin Roth Ditzel

Sepam Literary Collection Project

The Sepam Literary Collections Project has been part of Sepam School Pedagogical Projects since 2017, aiming the stimulation of students to practice the writing, showing them that each one has his / her discursive ability and identity through written texts, and that we can not get caught up in the premises: "I do not know how to write" or "the teacher is the only reader of my text".

Being part of the discipline of Textual Production, this project permeates every year of Elementary II, with the procedural purpose of writing development.

We do not seek perfect materials, but texts with the peculiarities of our writers students, as well as the exposure of the world's knowledge and the experiences of each one of them.

The Project itself envisions giving wings to words woven in the classroom, invading other spaces and enchanting unknown readers.